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**The creator of Twiniversity delivers an essential update to her must-have manual to having twins, now with expanded info on twin pregnancy and tandem breastfeeding, and advice on the best gear to help save your sanity.**

With almost two times as many sets of twins today as there were forty years ago, *What to Do When You're Having Two* has quickly become the definitive resource for expectant and new parents of multiples.

A mom of fraternal twins and a world-renowned expert on parenting multiples, author Natalie Diaz launched Twiniversity, the world's leading global resource for twin parenting information and support online. Now, with her expanded edition of *What to Do*, she includes new information on breastfeeding, gear, sleep, and having two when you already have one, as well as:

- creating your twin birth plan,
- maintaining a realistic sleep schedule,
- managing tandem breastfeeding,
- stocking up on what you'll need (and knowing what high-tech products are now available and what's a waste of money), and
- building a special bond with each of your twins.

Accessible, informative, and humorous, *What to Do When You're Having Two* is the must-have manual for every parent of twins.

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