

DOWNLOAD EAT CAKE. BE BRAVE. - MELISSA RADKE FREE EBOOK PDF/EPUB



Download or Read Online Eat Cake. Be Brave. Free eBook (PDF/ePub/Mobi/Mp3/Txt) Melissa Radke -, From the star of USA reality show *The Radkes* and creator of the viral "Red Ribbon Week" video, this is a hilarious and inspiring story of finding self-confidence in a world of naysayers.

My name is Melissa Radke, and there is a very real chance you have no idea who I am or why I wrote a book. But admit it, you're curious!

Even though millions of people seem to like watching my videos and *The Radkes* TV show bemoaning the trials of parenting, marriage, French braiding, faith, and living life as an anti-aging female, you may still be wondering who let me write a book. I mean, books are written by people who say things like, "I was having a root canal and I literally died in the chair. I saw heaven. Also, when I came back to earth I could speak Mandarin." Yeah, that didn't happen to me.

I wrote this book because when I turned 41 I made the decision to live brave, bolder, and freer. I thought our lives were supposed to change when we turned 40. But mine changed when I turned 41 and I set out to prove that it wasn't too late for me. And maybe, just maybe, reading about my journey to find my sense of self-worth will help you rightfully believe in yours. This book is about how all the years of my life led up to the one that changed it.

So, cut a big slice and raise a fork...

Here's to bravery.

Here's to courage.

Here's to cake.

(And not the crappy kind, like carrot.)

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