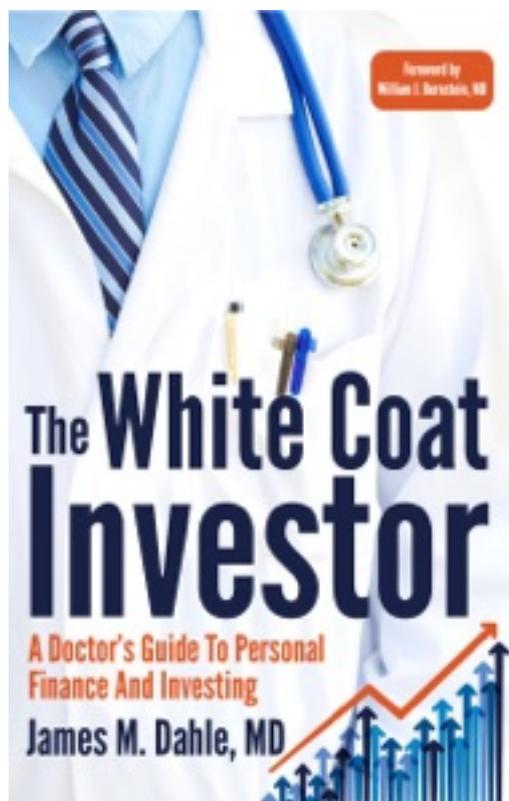


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About the Author

James M. Dahle, MD, when not out skiing, mountain biking, or rock climbing with his wife and four children, practices emergency medicine in suburban Utah. As a medical resident, he grew tired of being ripped off by unscrupulous financial professionals including mutual fund salesmen, insurance agents, realtors, mortgage lenders, and stock brokers and began educating himself on the ins and outs of personal finance and investing. In 2011, he started *The White Coat Investor*, now the most widely read, physician-specific personal finance and investing blog in the world, with nearly 400,000 page views per month. His writing helps doctors avoid the mistakes he made and get a "fair shake" on Wall Street.

Dr. Dahle is a featured columnist for ACEP Now and Physician's Monthly Digest. His work has also been featured in Medical Economics, Practice Link Magazine, Ophthalmology Business, American Academy of Dermatology Young Physician Focus, and The ACEP Young Physicians Section Newsletter. He also participated in writing *The Bogleheads Guide to Retirement Planning*.

Dr. Dahle has found the light at the end of the long, dark tunnel of medical training. Despite ever-increasing medical student debt burdens, decreasing reimbursements, and increasing regulatory hassle, he became a millionaire at age 38, just ten years after graduating from medical school. He achieved this success not with burnout-inducing levels of hard work nor long periods of financial deprivation, but rather with solid financial decision-making and a prudent financial approach to the first few years out of residency.

Now he shares his wisdom with medical students, residents, physicians, dentists and similar high income professionals so they can free themselves from debt, quit worrying about money, build wealth, live "the good life," and get back to practicing medicine on their own terms. The principles he espouses are neither complicated nor risky, but the process of becoming wealthy as a physician is by no means automatic.

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