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#1 Bestseller in Raw Cooking, Vegan Cooking, and Vegetarian Diets

"Mark is an absolute wizard - he can turn the most unexpected ingredients into vegan meat! You will not be disappointed." —**Rose Lee**, Cheap Lazy Vegan

An original type of cookbook for those looking to make juicy burgers, sizzling BBQ ribs, and fried chicken, all from the power of fruits and vegetables.

To all food lovers and enthusiasts out there. Making Vegan Meat is a staple cookbook for kitchens where home cooks, professional chefs, foodies, vegans, vegetarians, and the vegan curious can find super vegan meat recipes. Foodie, food scientist. and YouTuber Mark "Saustache" Thompson shows you a multitude of filling vegan dishes to deeply satisfy your tastebuds.

Nutritious, creative, plant-based recipes. Step out of your comfort zone and have fun with healthier, delicious, plant-based cuisine, from mouthwatering BBQ ribs made from mushrooms to crispy bacon from a daikon radish. You will have your dinner guests exclaiming, "Wait! That's a vegetable?"

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Learn to experiment in the kitchen with unexpected ingredients and create your own plant-based vegan meat recipes Gain insight into how to produce different flavors, textures, and aromas Discover exciting ways to use a variety of mushrooms and many other fruits and vegetables

If you enjoyed plant-based cookbooks like Vegan for Everybody, Plants-Only Kitchen, or Forks Over Knives: The Cookbook, then you'll love Making Vegan Meat.

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