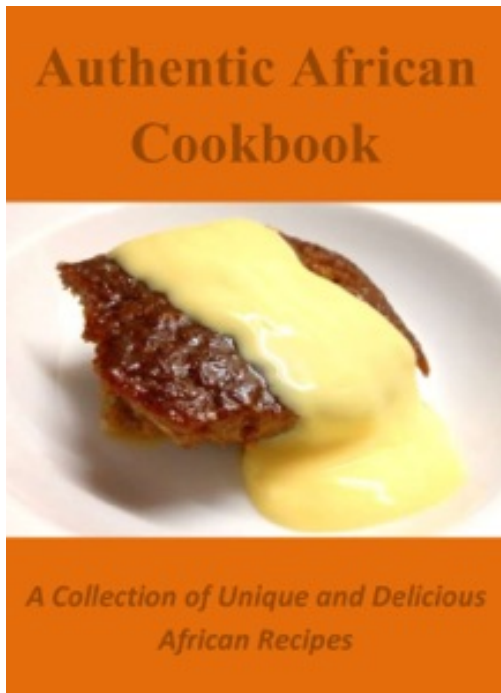

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This cookbook is a collection of authentic recipes from various parts of Africa. From Egypt and Morocco to Ethiopia, from Ghana and Senegal to Zimbabwe, and to the coastal regions of Madagascar and Tunis, with this book, you are embarking on a culinary journey through the African continent.

Here are some sample recipes in this cookbook:

Accra Banana Peanut Cake (Ghana)

African Almond Chicken (Libya)
African Banana Peanut Cake
African Vegetarian Stew
Algerian Cooked Carrot Salad
Atlantic Salmon on Lentils with Moroccan Flavors
Baked Plantain on the Shell
Baima (Meatball and Okra Sauté in Tomato Sauce)
Beef Brochettes
Beef Stew (Gambia)
Beet Appetizer Salad
Bissara (Fava Soup)
Braised Duck with Orange and Lime Sauce
Brochette of Chicken
Carrot, Orange and Radish Salad
Chicken Baked with Orange-Spiced Harissa Sauce
Chicken Stew (Ethiopia)
Chicken Tagine
Chicken with Pickled Lemons and Olives
Chicken-Tunisian Style
Cooked Tomato and Green Pepper Salad
Couscous
Diced Lemon, Onion and Parsley Salad

Egyptian Chocolate Cake
Egyptian Lentils
Egyptian Peeled Wheat Berry Chicken and Chick-Pea Soup
Egyptian Pickled Turnips
Fish Pyramid with Green Sauce - Bea Sandler
Greens with Coconut Milk
Grilled Moroccan Lamb Sausage (Merguez)
Grilled Moroccan Spices
Lamb and Pear Tagine
Lamb and Sausage Couscous
Lamb with Artichokes and Preserved Lemons
Lentil Tagine
Marrakesh "Pizza" (Khboz Bishemar)
Meat Curry
Meat On a Stick
Mediterranean Chicken Tagine
Monrovia Coconut Pie (Liberia)
Moroccan Almond Rolls
Moroccan Anise Bread
Moroccan Beef Stew
Moroccan Brisket with Olives
Moroccan Chick Pea Soup
Moroccan Chicken Casserole
Moroccan Chicken with Couscous
Moroccan Chicken with Olives
Moroccan Chicken with Preserved Lemons
Moroccan Cucumber Salad
Moroccan Fish
Moroccan Fruit Dessert
Moroccan Garbanzo Beans with Raisins
Moroccan Lamb and Okra Tagine
Moroccan Lamb with Couscous
Moroccan Lemon Chicken
Moroccan Lemon-Scented Kebobs
Moroccan Rub
Moroccan Spice-Rubbed Leg of Lamb
Moroccan Spiced Olives
Moroccan Vegetable Soup
Moroccan Vegetable Stew with Couscous
Orange, lettuce and Walnut Salad (Shlada Bel)
Peanut Ice Cream (Senegal)
Peasant Pancakes
Pickled African Peaches
Pineapple Buganda
Pounded Green Pepper Appetizers
Preserved Lemons
South African Curried Beef Gratin
Spinach Salad with Moroccan Lemon
Tagine of Chicken with Prunes and Almonds
Tagine of Okra and Tomatoes

Tomato and Pepper Relish with Moroccan Lemons

Tunisian Chicken

Tunisian Chickpea Soup

Tunisian Five-Spice Powder

Vegetable Casserole

Vermicelli and Raisins

Winter Fruit Couscous

Zimbabwe Greens

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